

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

Sunnah i'tikaf is observed from the start of the 21st night of Ramadan (i.e. Maghrib of the 20th fast) until the moon is sighted for Eid. It is Sunnah for both men and women to sit in i'tikaf.

Nafl i'tikaf may be observed at any time for any duration of time.

Where may she sit for her i'tikaf?

She should sit i'tikaf in her appointed place of salaah at home. If there isn't an area appointed for salaah, then where she normally reads her *salaah* will suffice. If she doesn't read salaah in one place, then she must appoint an area for salaah prior to i'tikaf. Once appointed, she may not change her mind during her i'tikaf.

Her appointed area will have the same rules as that of a masjid. Leaving this area without an acceptable reason will break her i'tikaf and she will have to do qadha.

When can she leave her place of i'tikaf?

The rules that apply to men in a masjid also apply to a woman sitting i'tikaf at home.

She may leave her place of i'tikaf for the following reasons: to use the toilet, for an obligatory ghusl, for wudhu and to bring food and drink to her place of i'tikaf only when there is no one else who can bring it for her.

