

## **Menstruation in I'tikaf**

If a woman has her period then her i'tikaf will break. After her period, she must make qadha.

It would be appropriate for a woman to plan ahead and identify the dates that she will not be able to sit in i'tikaf. If these coincide with the last ten days of Ramadan then she shouldn't sit in sunnah i'tikaf. She may sit in nafl i'tikaf until she gets her period.

## **Marital relations in I'tikaf**

A woman must not sit in i'tikaf without the consent of her husband. If a husband has given permission to his wife, he may not retract this later. Sexual activity is impermissible during i'tikaf. Sexual intercourse will break her i'tikaf and both husband and wife must repent and seek forgiveness from Allah. She will also have to do qadha.

## **Qadha (Making up) i'tikaf**

When sunnah i'tikaf is broken, the i'tikaf for the previous days will be complete. However, qadha of the day that i'tikaf was broken must be made. If it is possible to keep this qadha in Ramadan while fasting it will be sufficient. If Ramadan passes, it will be necessary to keep a fast while observing this qada i'tikaf. This may be a woman's qadha fast or a nafl fast. The qadha of one day will run from Maghrib to the next day's Maghrib. Please note that fasting is a condition for sunnah itikaf. If one breaks their fast then their sunnah i'tikaf will also break.

